One of the main tasks in the psychological individuation process is the reconciliation of opposites, especially the opposition between consciousness and the unconscious. Dreams create a bridge between these two worlds.

Jung sees the dream as the steady endeavor of the unconscious to create the best possible equilibrium in the psyche. Dreams are a means to establish a homeostatic balance, or at least to show the dreamer what would be necessary to achieve this balance.

In this book, with the help of numerous examples, Dr. Nell explains the efficacy of dream interpretation when working with couples, individually and in groups, in the diagnosis and treatment of emotional disturbances.

Psychotherapists of many different schools use dreams in individual therapy, but very few use them in counseling couples. Indeed, marriage and family therapists often have no experience in this area because dream interpretation is seldom included in their training.

Renée Nell, Ph.D. (1910-1994), founded the Jungian residential treatment center, The Country Place, in Litchfield, CT, where she served for many years as director and senior therapist. The Use of Dreams in Couple Counseling was translated from the original German by Sandra S. Jellinghaus. There is a brief excerpt in the Jung at Heart newsletter, no. 42.

This engaging study grew out of the author’s abiding interest in gardening as a metaphor for the process of individuation. It circumambulates the psychology and rich symbolism associated with gardens and secrets, with particular reference to The Secret Garden, the much-loved novel by Frances Hodgson Burnett.

We read here of the reality of the psyche, the importance of symbols, imagination and play in the pursuit of self-knowledge. We learn about sacred time and sacrifice, and how these relate to the analytic process. We learn of gardening “Magic,” of rituals and how to address our fallow periods—times we feel flat and uncreative. We are reminded of how the mysterious transcendent function may manifest in our darkest hour. We read here of soul.

Many more motifs associated with gardens, secrets and the process of individuation are explored, with dream examples and a summary of the Burnett novel. 14 illustrations.

Margaret Eileen Meredith, B.Sc.N., M.A., is a graduate of the Jung Institute in Zurich. She practices in Toronto, Canada.

With this book, The Brillig Trilogy (Chicken Little, Who Am I, Really? and Living Jung) becomes The Brillig Quartet. In this volume, the author and the redoubtable Professor Adam Brillig collaborate to create a sparkling love story, salted with balls and ball games, Eros, desire contained and the unpredictable world of the psyche, grounded at all times in the classical precepts of Jungian psychology: individuation, typology, complexes, active imagination, projection, conflict, enantiodromia, the holding of tension and the transcendent function.

Jung often noted that the movement from three to four was difficult but psychologically crucial. As expressed in the alchemical Axiom of Maria—“One becomes two, two becomes three, and out of the third comes the one as the fourth”—we must regularly reassess where we are in our pursuit of wholeness.

Read all about it in this author’s latest foray into the unknown.

Daryl Sharp, B.Sc., B.J., M.A., is the author of twelve other titles in this series. He is a graduate of the Jung Institute in Zurich.
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Summarizes the views of Jung and Freud on transference and
countertransference, as well as those of Martin Buber on I-it and
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Index. (See also titles 7, 28, 42, 56)

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Individuation in Jungian Psychology
Aldo Carotenuto (Rome)
Guided journey through the world of dreams and psychic reality,
showing how individual psychological development parallels the
historical evolution of consciousness. Special attention to artists and
creativity in men. Index. (See also titles 1, 35, 40)

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“The woman who is virgin, one in herself, does what she does not for
power or out of the desire to please, but because she does what she does is
ture.” Here is writing with a thinking heart, blending art, literature,
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on training to become a Jungian analyst. 10 illustrations
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Edward F. Edinger† (Los Angeles)
Penetrating study of the Job story as a numinous, archetypal event,
and as a paradigm for conflicts of duty that can lead to enhanced
consciousness. Full-page reproductions of Blake’s 22 engravings.
Index. (See also titles 24, 28, 34, 65, 66, 71, 90)

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Sylvia Brinton Perera (New York)
An in-depth study of victim psychology based on historical rituals,
dreams, mythology, case material, and archetypal patterns. Shows
that scapegoating is a way of denying one’s own dark side by
projecting it onto others. Index. (See also titles 6, 51, 64)

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Individuation Symbolism in the Old Testament
Edward F. Edinger† (Los Angeles)
Explores Biblical lore as a self-revelation of the objective psyche and
a rich compendium of archetypal images representing humanity’s successive encounters with the numinosum (a.k.a. God, the
Self, etc.). Many examples from dreams and more than forty years of clinical practice. Index. (See also titles 22, 54, 66, 70, 90)

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Aldo Carotenuto—Out of Print

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Analysis and Individuation
James A. Hall, M.D. (Dallas)
Comprehensive description of Jungian thought, addressed particularly to those considering analysis and to therapists of other
theoretical backgrounds who wish to better understand the clinical
application of Jung’s model of the psyche. Practical information
on training to become a Jungian analyst. 10 illustrations. Index. (See also title 35)

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Sacred Image of the Masculine
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Through close examination of the physical, psychological and
mythological aspects of phallos, the author differentiates masculinity
from patriarchy and discovers a mysterious, divine reality
coequal with the maternal principle as an originating force in the
psyche. 30 illustrations. Index. (See also titles 50, 52, 63)

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A Jungian Commentary on the Life of Christ
Edward F. Edinger† (Los Angeles)
In prose and in pictures carefully selected from traditional art, the
author examines in depth some essential stages in the life of Christ
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Foreword by Marion Woodman
The disconnection between spirituality and physical love leaves a broad sense of dissatisfaction and boredom in relationships. The author illustrates how our vitality and capacity for joy depend on restoring the soul of the sacred prostitute to its rightful place in consciousness. 20 illustrations. Index. (See also titles 6, 58)

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Janet O. Dallett (Seal Harbor, WA)
Interweaving her own story with descriptions of those who come to her for help, Dallett details her rediscovery of the integrity of the healing process and illustrates the limitations of prevailing medical attitudes toward mental disturbances. (See also title 51)

34. THE MOTHER
Archetypal Image in Fairy Tales
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A practical illustration of how the mother complex functions in the world as well as in the deeper regions of the psyche. The focus here is on positive and negative aspects of the maternal image in well-known fairy tales, including Snow White, Sleeping Beauty and Hansel and Gretel. Index. (See also titles 2, 76)

35. THE SURVIVAL PAPERS
Anatomy of a Midlife Crisis
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Daryl Sharp (Toronto)
Continues the story of Norman’s midlife crisis (title 35) and what happened to him when he went into analysis. Again, part textbook, part novel. Index. (See also titles 59, 67, 72, 80)

38. THE PHALMIC QUEST
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39. ACROBATS OF THE GODS
Joan Dexter Blackmer—Out of Print

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Shades of Love and Suffering
Aldo Carotenuto (Rome)
Why do we fear love? How do we invite betrayal? What can we learn about ourselves from eroticism, abandonment, solitude? What unconscious drives are at work in seduction and jealousy? Are love, suffering and creativity connected? Index. (See also titles 55, 73)

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Masculinity in Women
Marion Woodman (Toronto)
Focus on the ways in which a woman may be undermined by a crippling relationship with her inner man. Powerful images from poetry, myth, dreams, analysis and personal experience. 8 illustrations. Index. (See also titles 4, 12, 21, 49, 58)

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Notes for a Jungian Commentary
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Faust was Jung’s lifelong companion. Here the dean of American modern psyche, a symbolic description of a depth analysis and a guide to understanding alchemy. Index.

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Donald Broadribb (Baker’s Hill, Australia)
A rare weave of theory and application, drawing on various schools of psychology, with a particular strength in tracking recurring symbols in a series of dreams. A solid workbook for those seeking an understanding of dreams in the context of everyday life. Numerous examples. Index. (See also titles 13, 20, 25)

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Bridge to Consciousness
Robert L. Gardner (Toronto)
A feeling-intuitive approach to physical illness, vividly illustrating the symbolic attitude and active imagination with the body. The author was 76 when he died of cancer in 1990. Refreshingly candid and straight from the heart, Body and Soul reflects a life well and truly lived in relation to the Self. Index. (See also titles 30, 42)
49. **ANIMUS AETERNUS: Exploring the Inner Masculine**  
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Combining theory with soul-made truths found in the poetry of Sylvia Plath, Adrienne Rich, Teresa of Avila, Emily Dickinson, Mary Oliver and many more, the author illumines the role of every woman’s lifelong companion. *(See also title 41). Index.*

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*An Elucidation of Jung’s Answer to Job*  
*Edward F. Edinger* (Los Angeles)  
*Answer to Job* contains the essence of the Jungian myth. This erudite and down-to-earth study by the dean of American Jungians evokes that essence with unequaled clarity. Originally seminars at the C.G. Jung Institute of Los Angeles. **Index.** *(See also titles 14, 22)*

55. **GETTING TO KNOW YOU**  
*The Inside Out of Relationship*  
*Daryl Sharp* (Toronto)  
A lively discussion based on the ideas in Jung’s essay, “Marriage As a Psychological Relationship.” Complex material illustrated with everyday examples. Some inescapable truths emerge, such as that successful relationships depend on becoming conscious of one’s personal psychology. **Index.** *(See also titles 35, 57, 72)*

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*Jung’s Proposal*  
*John P. Dourley* (Ottawa)  
The author: “If the values of Jung’s good news are to be realized, the religious horsemen of death must first be faced. Jung fingers them. They are faith, hope and charity, clothed in religious or political certitude.” **Index.** *(See also titles 7, 17, 42)*

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Chicken Little: Messiah, Meshugeneh or Metaphor? Join the author and Professor Adam Brillig in their fearless search for the truth. This is Book One of *The Brillig Trilogy* *(with titles 67, 72)*.  
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James Hollis (Houston, TX)
Whatever our cultural and religious background or personal psychology, a greater intimacy with myth provides a vital link with meaning, the absence of which is so often behind the neuroses of our time. Here the acclaimed author of The Middle Passage (title 59) explains why a connection with our mythic roots is crucial for us as individuals and as responsible citizens of our age. Index.

69. MELVILLE’S MOBY-DICK
An American Nekyia
Edward F. Edinger† (Los Angeles)
The great American novel Moby-Dick is a psychological document which, like a dream, needs interpretation and elaboration of its images for its meaning to emerge fully. The subtitle of this work underscores the correspondence between Melville’s deep internal struggle and the hidden complexities within us all. Index.

70. PSYCHE IN SCRIPTURE
The Idea of the Chosen People and Other Essays
Rivkah Schärf Kluger† (Israel)
This book aims to help us grasp the symbolic content of our psychic heritage. Five essays, including “The Queen of Sheba in Bible and Legend,” “King Saul and the Spirit of God,” and “Old Testament Roots of Woman’s Spiritual Problem.” Index.

71. THE AION LECTURES
Exploring the Self in Jung’s Aion
Edward F. Edinger† (Los Angeles)
Edited by Deborah A. Wesley (Los Angeles)
In Aion Jung took the archetype of the God-image (the Self) as his subject and demonstrated how it has revealed itself progressively in the course of the Christian aeon. Like its companion volume, The Mysterium Lectures (title 66), this is an invaluable resource for understanding symbolic images. 30 illustrations. Index.

72. LIVING JUNG
The Good and the Better
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New Age pursuits are on the wane. People are hungry for substance. Where else to find it but in Jung’s ideas on the nature and influence of the unconscious? This inventive learning experience is Book Three of The Brillig Trilogy (with titles 61, 67). Index.

73. SWAMPLANDS OF THE SOUL
New Life in Dismal Places
James Hollis (Houston, TX)
Who does not long to arrive some distant day at that sunlit meadow where we may live in pure contentment? Yet much of the time we are lost in the quicksands of guilt, grief, betrayal, depression and the like. Perhaps the goal of life is not happiness but meaning. Index.
74. FOOD AND TRANSFORMATION

Imagery and Symbolism of Eating
Eve Jackson (London, England)
References in dreams to particular foods can often be tracked to powerful individual and collective associations, deeply ingrained in culture. Here are psychological insights on nourishment and eating as expressed in dreams, myths and language. Illustrated. Index.

75. ARCHETYPES & STRANGE ATTRACTIONS

The Chaotic World of Symbols
John R. Van Eenwyk (Olympia, WA)
Is chaos in our lives a sign that things have gone terribly wrong? Not necessarily. Just as the material world oscillates between states of order and chaos, so also the individuation process involves stages of psychic balance and disruption. 10 illustrations. Index.

76. ARCHETYPAL PATTERNS IN FAIRY TALES

Marie-Louise von Franz* (Zürich)
Features in-depth studies of six fairy tales—from Spain, Denmark, China, France and Africa, and one from Grimm—with references to parallel motifs in many others. Unique insights into cross-cultural motifs and individual psychology. Index. (See also titles 2, 34)

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James Hollos (Houston, TX)
A timely and thought-provoking corrective to the generalized fantasies about relationships that permeate Western culture. Here is a challenge to greater personal responsibility, a call for individual growth as opposed to seeking rescue from others. Index.

80. JUNGIAN PSYCHOLOGY UNPLUGGED

My Life As an Elephant
Daryl Sharp (Toronto)
A comprehensive overview of basic Jungian concepts: archetypes and complexes; psychological types; conflict; neurosis; persona and shadow; projection and identification; the puer/puella syndrome; anima and animus; individuation; dream interpretation; active imagination; inflation, self-knowledge and much, much more. Index.

81. CUMULATIVE INDEX

Inner City Books, 1980-1998
Compiled by Daryl Sharp, Publisher.
Over 15,000 individual entries, from AA to zygote, generously cross-referenced. A detailed Key at the bottom of each page points the way to the Inner City title you need. This useful research tool is FREE with individual orders of 10 books or more (no booksellers).

82. NOW OR NEVERLAND

Peter Pan and the Myth of Eternal Youth
Ann Yeoman (Toronto).
Foreword by Marion Woodman (Toronto)
A psychological overview of the puer aeternus archetype, with a detailed interpretation of Peter Pan, J.M. Barrie’s play and novel. A lively perspective on the puer as symbolic of both creative and destructive energies. 22 illustrations. Index. (See also title 87)

83. THE CAT: A Tale of Feminine Redemption

Marie-Louise von Franz* (Zürich)
“The Cat” is a Romanian fairy tale about a princess who at the age of seventeen is bewitched—turned into a cat. . . . One by one von Franz unravels the symbolic threads in this story, from enchantment to beating, the ringing of bells, golden apples, somersaults, witches, etc., and, throughout, the great themes of redemption and the union of opposites. Grounded in lived experience. 8 illustrations. Index.

84. CELEBRATING SOUL: Preparing for the New Religion

Lawrence W. Jaffe* (Berkeley, CA)
The purpose of this book is not to study philosophy, but rather to track the psyche as it manifests in the archetypal ideas that so gripped the early Greeks. Dr. Edinger’s unique perspective relates the Greeks’ ideas to modern psychological experience. Index.

85. THE PSYCHE IN ANTIQUITY, Book One

Early Greek Philosophy
Edward F. Edinger* (Los Angeles).
Edited by Deborah A. Wesley
Focuses on the ideas of Paul of Tarsus and Simon Magus, then explores those of their descendants: in the Church, Clement of Alexandria, Origen, Tertullian and Augustine; in the Gnostic line, Marcion, Basilides, Valentinus and Mani. A final chapter clarifies their psychological significance for the modern individual. Index.

86. THE PSYCHE IN ANTIQUITY, Book Two

Gnosticism and Early Christianity
Edward F. Edinger* (Los Angeles).
Edited by Deborah A. Wesley
Explores those of their descendants: in the Church, Clement of Alexandria, Origen, Tertullian and Augustine; in the Gnostic line, Marcion, Basilides, Valentinus and Mani. A final chapter clarifies their psychological significance for the modern individual. Index.
87. THE PROBLEM OF THE PUER AETERNUS
Marie-Louise von Franz' (Zürich)
In Jungian psychology the term *puer* is used to describe a certain type of man—charming, affectionate and ever in pursuit of his dreams. These are the men (and women too) who remain adolescent well into their adult years. Von Franz tells it like it is in this classic study. *Bibliography and extensive Index.* *(See also title 82)*

88. THE INNER JOURNEY: Essays on Jungian Psychology
Barbara Hannah' (Zürich). *Ed. by Dean Frantz (New Haven, IN)*
Like M. Esther Harding, Emma Jung and Marie-Louise von Franz, Barbara Hannah (1891-1986) took Jung’s message to heart and amplified it according to her own experience. The six essays here exemplify her legacy: a keen mind, psychological integrity and an abiding faith in the healing power of the unconscious. *Index.*

89. AURORA CONSURGENS
On the Problem of Opposites in Alchemy
*Edited with a Commentary by Marie-Louise von Franz*
Sewn hard cover, limited edition.
This rare medieval alchemical treatise is scattered throughout with insights relevant to the process of individuation in modern men and women. The penetrating commentary shows how a classical Jungian approach can unlock the meaning of this psychologically significant text. Originally published in 1966 as a companion volume to Jung’s major work, *Mysterium Coniunctionis*. *Index.*

90. EGO AND SELF: The Old Testament Prophets
Edward F. Edinger' (Los Angeles)
*Edited by J. Gary Sparks (Indianapolis)*
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St. Perpetua—patron saint of mothers in the Catholic pantheon—was an African Christian martyred in 203 A.D. Those not familiar with Perpetua’s story will nevertheless appreciate this book because of the psychological understanding that von Franz (1915-1998) brought to everything she focused on. Originally published in German with Jung’s Aion. 8 Illustrations. Index.

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